

**ALWAYS USE INSIDE YOUR  
ELBOW TO COVER YOUR NOSE  
AND MOUTH WHEN COUGHING  
OR SNEEZING**

**ALWAYS wash your hands with  
soap and clean water or use  
hand sanitizer**



## **HINTS**

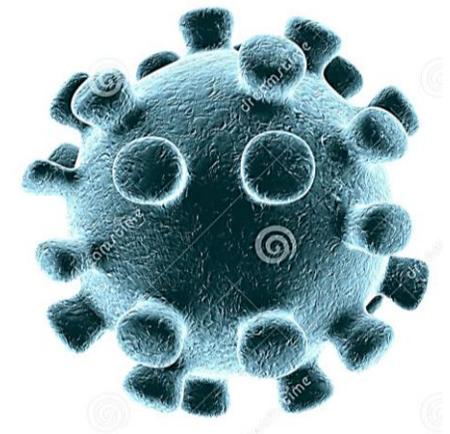
**Coronavirus spreads  
very fast!**

**Protect yourself,  
Your family, and  
your Community!**



**WHAT YOU NEED TO  
KNOW AND DO TO  
PREVENT**

# **Coronavirus**



## What is a coronavirus?

Coronavirus, also called COVID-19, is one of the viruses that causes illness ranging from the common cold to more serious sicknesses.

## What are the signs and symptoms of coronavirus?

- Fever
- sneezing
- Coughing
- Running Nose
- Difficulty in breathing
- Sore throat

## How can corona virus spread?

Corona virus is spread through the following means:

- Person to person usually when you come in contact with an infected person through coughing, sneezing or touching.
- The disease can spread from person to person when an infected person sneezes, coughs or breathes out.
- The virus can fall on objects and things around you such as clothes, tables and door handles and then pass it on to other people who touch these surfaces, then touch their eyes, nose, mouth or breathe in the air that have the virus .

## What can I do to protect myself and others from Corona Virus?

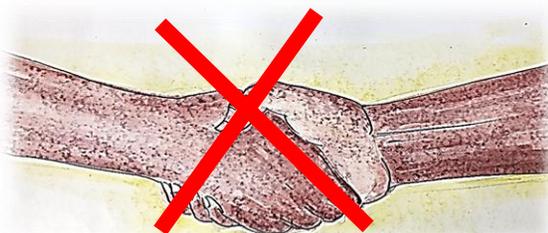
You can protect yourself and other by:

- Always use inside your elbow to cover YOUR NOSE AND MOUTH WHEN COUGHING OR SNEEZING.



- ALWAYS WASH your hands with soap and CLEAN water or use hand sanitizer at all times.

- ALWAYS AVOID SHAKING HANDS AND CLOSE CONTACT



- Avoid close contact with anyone showing signs and symptoms of serious cold such as coughing and sneezing
- Avoid touching your eyes, nose, and mouth.

IF YOU OR ANYONE FEELS SICK GO TO THE NEAREST CLINIC OR HOSPITAL QUICK QUICK OR CALL 4455 FOR MORE INFORMATION.

## Is there a vaccine for a corona virus?

No, there is no vaccine for coronavirus disease yet.

## Is there a treatment for coronavirus?

No, there is no specific treatment for coronavirus. However, the disease can be treated based on the patient's signs and symptoms (Fever, cough, sneezing, difficulty breathing)

## Who is at risk of getting coronavirus?

Everyone is at risk of getting Coronavirus, Especially, people who are in close contact with person showing signs and symptoms.